

2019 Annual Impact Report

10,000

individuals & families impacted this year by NAMI Charlotte

Our mission

Improve the lives of all persons affected by **mental illness** by providing support, education, and advocacy to individuals and families



established

1971

Impact



100

support group meetings



384

educational class attendees



100

presentations & trainings



200

teens attended Ending the Silence



2,000

volunteer hours



200

NAMIWalks participants

New Initiatives

Crisis Intervention Team

NAMI Charlotte has a partnership with CMPD for an innovative first-responder model of police-based crisis intervention training to help persons with mental disorders and/or addictions access medical treatment rather than place them in the criminal justice system due to illness related behaviors. It also promotes officer safety and the safety of the individual in crisis.

4 trainings 201 attendees 687 trained officers

Ending the Silence

NAMI Ending the Silence is an engaging presentation that helps audience members learn about the warning signs of mental health conditions and what steps to take if you or a loved one are showing symptoms of a mental health condition. A primary goal of this program is to create a generation of students that are well-positioned to eradicate the stigma associated with mental illness through education and advocacy.

3 schools 200 attendees 4 sessions

Family to Family

NAMI Family-to-Family is a free, 12 class education program for family members of adults living with mental illness. In this program the term family is viewed from a broad perspective to include parents, siblings, spouses, adult sons and daughters, partners and significant others.

LEAP

4 classes 100 attendees